

# #Help4All



## Please share the #Help4All offer!

Everyone goes through tough times, which puts extra pressure on families and residents.

There's lots that can help, but often people who need help don't know what's available. They don't know how to connect to their communities. Or how to access support.

That's where **we can all help**.

As a professional, if you're having a conversation with someone, give the three Ts a go...

1. **Think** about what else would help (the [#Help4All website](#) is a good start)
2. **Talk** about the help available (local, county and digital)
3. **Try** it out! Introduce them to something that can help. For example, log into the online service so they can try it, or take them down the road to join a community group

We need lots more of our families and residents getting help earlier, so their lives get better quicker, and we can reduce pressure on services. Do your bit for Somerset #Help4All.

[www.ConnectSomerset.org.uk/Help4All](http://www.ConnectSomerset.org.uk/Help4All)

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