

# Important message for professionals working with families – NEW early help offer

Connect Somerset have launched a collection of valuable online learning resources for parents, carers and grandparents worth £100 per person. Please **help us promote this offer** by sharing details with anyone who might benefit. We have included some promotional materials for you to share with this offer with people.

We want as many people as possible to access this new early help, and are giving fully funded access to all residents in Somerset.

## The online learning offer covers topics such as:

1. Pregnancy, labour, birth and your baby
2. Understanding your baby
3. A sick or preterm baby in hospital and at home
4. Understanding your child
5. Children with additional needs
6. Understanding your teenager's brain
7. Feelings and understanding your brain (for teenagers)
8. Understanding children's mental health and wellbeing
9. Relationships
10. Impact of the pandemic

All you need to access the courses is an email to log in and track progress. We don't use this email address for anything else and we don't share it with anyone.

## To access the learning resources go to:



[bit.ly/LearnForLove](https://bit.ly/LearnForLove)  
or use the QR code on  
your phone

**dragon**

Enter code '**dragon**'



Choose your topics for  
learning – as many as  
you like!

This service is commissioned by Somerset Council for Connect Somerset early help in the community, and is based on the Solihull Approach.

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The Solihull Approach uses online and classroom courses to help parents, grandparents and caregivers understand how children's brains develop, which helps them understand child behaviour. Solihull Approach is used in Somerset Health Visiting and the Family Intervention Service.

Research shows that this approach can significantly improve relationships, reduce depression and stress, and build confidence. To find out more about the Solihull Approach visit:




[www.solihullapproachparenting.com](http://www.solihullapproachparenting.com)

Connect Somerset a partnership between Somerset Council, Somerset NHS, Early Years settings, Schools, Colleges and the Voluntary, Community, Faith and Social Enterprises.

If you wish to find out more about Connect Somerset, please contact:



[ConnectSomerset@somerset.gov.uk](mailto:ConnectSomerset@somerset.gov.uk)



**A Connect Somerset programme.  
Working together to provide early help in the community.**